

STRENGTHENING FAMILY COPING RESOURCES

Module Three: Session Fifteen – *Celebration*

Date:

Facilitators Present:

1. Family Meal – Facilitators encourage and model appropriate conversation, sharing, and supervision of children. Remember to be sensitive to and empowering of the parent(s).

*Include conversation prompts for those families who are not being video recorded

**Allow 45 minutes for mealtime

2. Opening activities (Lead Facilitator)

- Welcome
- Rules (Facilitator)
- Give thanks for those who helped prepare the food and get the room ready
- Check in with each family
- Review schedule for the evening
- Opening ritual:

3. Getting Closure (Facilitator; 40 minutes)

- Handout “Closure Questionnaire” and “Family Ritual Tree Care”
- Encourage families to complete the “Closure Questionnaire” with information about what aspects of group were useful for them and what they thought was not as helpful.
- After about 15 minutes, invite families to share their answers to the closure questionnaire, if willing. Either take note of the family’s answers or make copies of the handout.
- On the second handout, “Family Ritual Tree Care,” ask families to think about traditions or routines discussed over the course of the group that they would like to keep doing. Encourage them to talk as a family and write down what they decide. This may include traditions or routines they want to continue to work on in the future.
- Give families a copy of a picture of them with their ritual family tree (session 2) to attach to their handout.
- Ask families to share.
- Younger children (Facilitator): Can take the young children to another side of the room, to another room, or circulate and help young kids at the tables so they can contribute to the family task. Help them make “goodbye cards.”

4. Who We Are Now and In Six Months (Faciliator; 20 minutes)

- If collecting research instruments, complete now.
- If not completing research instruments during group time, handout construction paper and markers/crayons/etc. Ask families to work together to draw a picture of their family doing

***This guideline is not intended to replace the comprehensive instructions provided in the manual**

something together 6 months from now that reflects what they have learned from participating in the group.

- Invite each family to share the drawing. Have a facilitator write down what is said and give the card to the family to keep with the drawing. Allow time for other families to comment/share their thinking.

5. Closing Ceremony (15 minutes)

- Presentation of certificates (Facilitator)
 - Tell families they have done a great job during group and should be proud! We are proud of the work and the play you have done and would like to recognize you for that. We have a certificate that we would like to present to each family. Please come forward when we call your name to receive your certificate.
 - Allow time for each facilitator to compliment the family members.
 - Take pictures of each family.
- Facilitators work together to make the closing ceremonial. May include calling each family up to the front of the room to present them with their certificate and a small memento of their time in group, if applicable. Facilitators could hum or play the Graduation March, or other music as families come to the front.
- Now it is time to say “Good-bye” for the last group. Let’s end like we always have with our closing routine and ritual.
- Thank everyone for taking part in tonight’s group (Lead Facilitator)
- Check that everything was covered/summary of session (Lead Facilitator)
- Review tasks/homework for the following week (Facilitator) – no more group, but make sure to follow through on your family ritual tree care plan!
- Closing ritual (Facilitator):